



U.S. CHAMPIONSHIPS QUOTES

2020 Toyota U.S. Figure Skating Championships
Greensboro, North Carolina | January 20-26, 2020



Thursday, Jan. 24, 2020

Junior Ladies Free Skate

Lindsay Thorngren (124.10 FS, 183.76 TS, gold medalist)

On her performance today...

"I wasn't really nervous. I just shook it off and did what I do in practice. I just tried to feel as confident as possible and do what I normally do."

On preparation for next season...

"I'm going to work on consistency and the harder jumps, more expression in my program, components."

Isabeau Levito (120.29 FS, 179.47 TS, silver medalist)

On her performance today...

"At first when I went out there, I was actually a lot more nervous than usual, but when the music starts you just stop thinking. Because when you run your program so many times in practice, that in competition when you hear the music you think the same way. So you're not really nervous afterwards."

On the jump to the junior level...

"I believe in my coaches because I know they know what's best for me. I wouldn't think that they would make me move up if I wasn't technically and mentally ready, and I was ready."

Calista Choi (115.23 FS, 177.05 TS, bronze medalist)

On her performance today...

"I really fought through the program. Even though I didn't get the first triple off, I'm proud that I was still able to put my three-jump combo somewhere else and get my combos in. I felt really emotional at the end of my performance. I'm really proud of myself. Nerves were there, but I also feel like they helped me through the performance."

Isabelle Inthisone (106.54 FS, 165.34 TS, pewter medalist)

On her performance today...

"It was such an amazing experience getting to skate out in that big rink with the huge crowd. It really motivated me, and it was so much fun. You could really feel their energy and support out there. I was really happy about my skate. I landed both triple-triple combos, so I was super excited about that."

On being at U.S. Championships...

"It was so cool experiencing something how Nathan Chen would experience it – like coming in from a cool entrance, being on ground level entering the ice. It's just such a cool experience."

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